



BEST FACE Forward

A good facial treatment not just rejuvenates your skin but also relaxes you. **Wedding Vows** recommends two treatments at spa centres in the capital city. By **Purva Bhatia**

ISAAC MEDI SPA

From medi facials to relaxing ones, face-uplifting treatments to hydra facials – this spa has it all. Addressing all your skincare queries, this spa is run by Dr. Geetika Mittal Gupta, touted to be the youngest aesthetic dermatologist in India. Her passion drives this place, and that is visible in the details with which the centre is designed and updated. The ambience is tranquil and the masseurs are experts who decide a facial for you only after the doctor's consultation. We recommend Whitening Facial for all the brides fighting dull skin. While the steps are the usual – cleansing, scrub, exfoliating – what sets it apart is the use of premium products (from Phytomer) and the whitening serum that does wonders. The process of dark heads removal was, however, painful.

Dr Geetika advises brides-to-be to go for medi facials for relieving stress and making their face look relaxed. You can get a complete consultation including dietary suggestions before your big day. It is recommended you start consultations at least six months before your wedding.

Location: D 90, 100 ft Road, Chattarpur Enclave, New Delhi; Tel: 66218301



BLLIIS BY RAVISSANT

What do you call an afternoon with a pampering spa experience coupled with retail therapy and sweet delicacies? Bliss, right? Bllis by Ravissant offers such delight. What started as a salon years back, is today a luxury spa & salon spread over 5000 sq ft. Brand Ravissant stands for luxe living and so does Bllis. Luxurious by design, the spa has an elegant décor with white and cream tone, which is not intimidating but relaxing. There's a L'Opera patisserie as you enter and a small retail section offering apparels, beauty products and books.

Its USP lies in it being the country's first organic green salon and spa. Not only does it use organic ingredients for the treatments but the furniture too is eco-sensitive, made with untreated wood.

We recommend Bllis Signature Treatment that includes a back massage, full body exfoliation, body mask and scalp treatment. The facials and massages are priced Rs 2000 onwards. Hair styling, skin care, hand and foot care as well as spa services are also available here.

Location: 50 and 51, Commercial Complex, New Friends Colony Tel 26328648 ●

