

IOSIS Spa

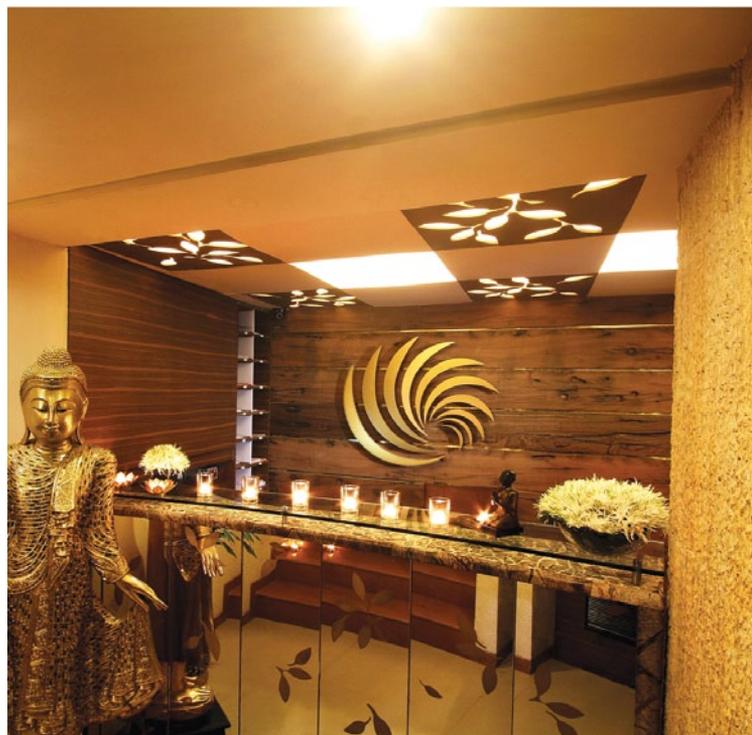
Location: Khar, Mumbai, **Reviewed by:** Anisha Suvarna

It not only our face that requires to be cared for. Our hands and feet require pampering too. There is nothing better than a glorious mani-pedi session. Apart from the fact that they help keep them clean and off fungal infections, they are also moisturized well to keep them soft to touch. The last thing you would want is for it to turn rough.

There are several reasons why IOSIS Spa, co-owned by Shilpa Shetty has been in the news. However, the reason I am talking about it is due to its ever relaxing Cuccio manicure and pedicure service that I went in for where all Cuccio products were used.

Much of the decor consists of several art works of Buddha creating an ambience of peace. The beauty experts are chatty making sure that

you are not once bored during the entire session. Once my nails were buffed and shaped, they were soaked in water after the cuticle cream was applied. The one thing that really interested me was the papaya mask. Papaya is known for its hydrating and rejuvenating qualities and does a lot good to the skin. Its inclusion in a manicure and pedicure session could only mean good. The papaya mask was applied after which it was wrapped in cellophane paper. The end results were soft hands and feet with no traces of roughness. The shoes you wear tend to create tan lines as well, which after this service were gone. I probably wouldn't be the only one walking out of the spa with a smile on my face. You might want to give this service a try too.



Blliis by Ravissant

Location: New Friends Colony, New Delhi,

Reviewed by: Kalpana Singhal, **Price:** ₹ 1710 inclusive of taxes



Scheduling a pedicure at just any Spalon is not a good idea. The most important thing is that wherever you go, they need to make sure they're using healthy practices, look into the place's sanitation practices, the technician's training that is make sure she's certified, how the tools are cleaned and what kind of products are being used apart from what is so special that distinguish them from peers. That made me interested in reviewing Blliis.

Blliis by Ravissant is a luxurious destination for salon and spa services. This property has state of the art facilities, premium equipment and an international team of professionals. Most service is certifiably green. Hence, I decided to try Blliis Signature Sea Marine Pedicure. The service began with soaking of feet in water mixed with green algae gel and sea salt not only to clean the feet but also relieve pain followed by removing previous nail print, filing or reducing length of nails removing cuticles and then buff for shining. One thing that I liked here was the pedicurist used glossing buffer block for high shine. The scrub was carrying Quartz crystals and massage oil containing menthol was refreshing, even the pressure was perfect, niether lite nor hard. comfortable chair escalated the entire experience. The staff and team of professionals was quite humble and polite. And, the treatment concluded with the application of red nail paint. Overall, it was an exciting, energizing and refreshing experience.